



St. Clare Parish

Feb. 18, 2024

*A Catholic Community guided by the Holy Spirit
to proclaim Christ's love in worship, service and life-long learning*

Church

8535 SW 19th Ave Portland, OR 97219 503.244.1037

Office Hours: Monday - Thursday, 9am - 12:30pm & 2 - 4pm

office@saintclarechurch.org www.saintclarechurch.org

Follow us on Facebook at St. Clare Catholic Church

Pastor	Fr. Don Gutmann	x101
Deacon	Dcn. Bill McNamara	x108
Pastoral Associate	Kim Zea	x104
Business Manager	Shelley Worrell	x102
Administrative Assistant	Laurie Zupsic	x100

School

1807 SW Freeman St Portland, OR 97219 503.244.7600

info@stclarepdx.org www.stclarepdx.org

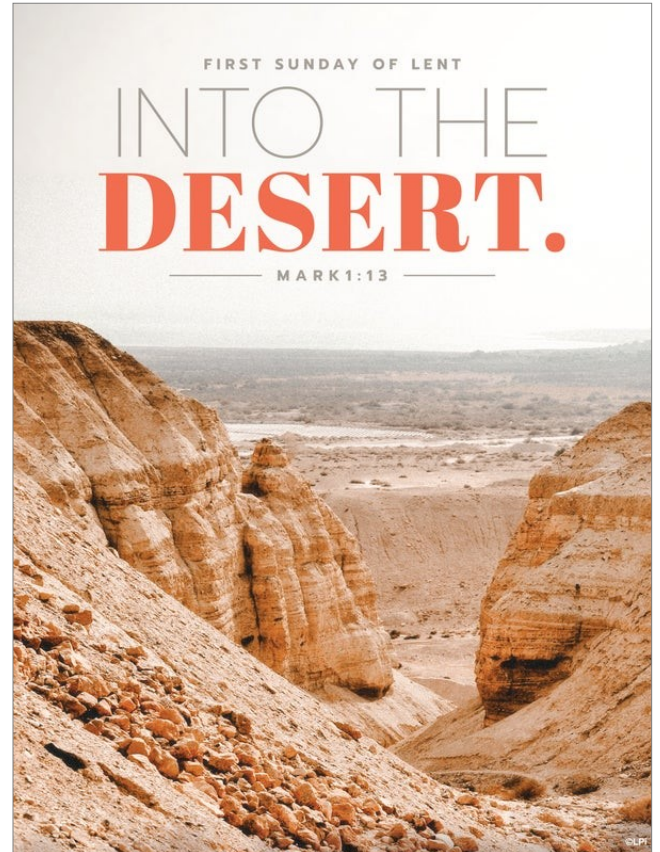
Principal	Chris Harris
Office Manager	Donna Parker MacNeur

Preschool

1812 SW Spring Garden St Portland, OR 97219 503.244.5458

nancy@stclarepreschool.org

Director	Nancy Melzer
Administrative Assistant	Jeanne Raffety



Sacraments - Please visit www.saintclarechurch.org for more information on sacramental preparation.

Weekend & Daily Mass Schedule

Saturday - 5pm

Sunday - 8:30am & 10:45am

Weekdays except Tuesdays - 8:30am

Holy Days - 8:30am, 12pm & 7pm

Visit www.saintclarechurch.org to view our livestream weekend Masses.

Reconciliation Saturdays from 4pm - 4:30pm in the church or by appointment. Contact Fr. Don Gutmann.

Matrimony Six month preparation required. Contact Deacon Bill McNamara.

Baptism for Infants Contact Deacon Bill McNamara.

Faith Formation & Sacramental Preparation for Adults & Teens

Contact Kim Zea; **for Children** Contact sacramentprep@saintclarechurch.org

A Warm Welcome To All Who Worship with Us

Whether you are a current parishioner and need to update your information or newly arrived in the parish and not yet registered, please complete the form below and place in the offertory basket or mail to the parish office.

Name: _____ Phone: () _____

Address: _____ City: _____ Zip: _____

- New Parishioner
- Returning Catholic
- Moving (please remove from parish directory)
- New Phone Number
- New Address
- Please send Sunday Offertory envelopes



Weekly Inspiration

1st Sunday of Lent

Feb. 18, 2024

In the desert, Jesus endured forty days of hardship and temptation. But he did not endure it alone: “the angels ministered to him,” the Gospel tells us. Remember that you do not face Lent alone. God is beside you in your journey to the desert. ©LPi

Week-at-a-Glance

Saturday, Feb. 17

4:00pm Confessions until 4:30pm Church
 5:00pm Mass *Bill & Alice McNamara* Church
 6:00pm After 5pm Mass Social Parish Hall

Sunday, Feb. 18 1st Sunday of Lent

8:30am Mass *+Antonia Digregorio* Church
+Enrico Achille
 10:45am Mass *For the People* Church

Monday, Feb. 19 Presidents' Day/Parish Office Closed

8:30am Daily Mass *Sharon Firsich* Church

Wednesday, Feb. 21

8:30am Daily Mass Church
 9:00am Lenten Book Study Parish Office

Thursday, Feb. 22

8:30am Daily Mass Church

Friday, Feb. 23

8:30am Daily Mass Church
 6:00pm Soup Supper Parish Hall
 6:30pm Stations of the Cross Church

Saturday, Feb. 24

4:00pm Confessions until 4:30pm Church
 5:00pm Mass *+Luigi Conti & +Anna Maria Conti* Church

Sunday, Feb. 25 2nd Sunday of Lent

8:30am Mass *The Fitzpatrick Family* Church
 10:45am Mass *For the People* Church

Scripture Readings

2nd Sunday of Lent

Feb. 25, 2024

Reading 1 - Gn 22:1-2, 9a, 10-13, 15-18

Psalms - Ps 116:10, 15, 16-17, 18-19

Reading 2 - Rom 8:31b-34

Gospel - Mk 9:2-10

For daily readings, please visit www.usccb.org

Fr. Don's Musings . . .

Welcome to Lent 2024! This is 40 days to be especially open to God's goodness and love, and to reflect that love to others.

During this Lent, I will be preaching about prayer. There are a lot of ways to pray and different people prefer different methods of prayer. During the homilies, I will teach on four specific ways of praying for the next four weeks: 1. Spontaneous prayer 2. Formal prayers (especially the rosary) 3. Praying with the Bible 4. Listening to God in our prayer.

This week, I'm talking about spontaneous prayer and suggesting the use of the 5 Finger Prayer. In this simple prayer form, you use your 5 fingers to guide you through 5 steps of prayer.

Thumb: Thumbs-up means “Good job” or “Thanks,” so start prayer with thanking God for good things in your life.

Index Finger: We use this finger for all kinds of things like flipping through a book, operating a touch screen, or even using your fingernail like a screwdriver. Talk to God about all kinds of things in your life, significant things.

Middle Finger: This finger raised by itself is a sinful symbol. Confess to God your sins, ask God's forgiveness.

Ring Finger: This finger doesn't do much. Do nothing, with God. Sit quietly and listen to God. Don't talk all the time when praying.

Little Finger: Lastly, intercession, ask God for specific ways you want help for the world, your loved ones or for yourself.

Prayer (communicating with God) is a critical part of having a strong faith life. I hope to help us all to continue to develop our prayer lives during this Lent.

God bless you. ~ Fr. Don

Many thanks to all who contributed!

Offertory Report

	Actual Offertory	Average Offertory Goal	Amount Over (Under) Goal
W/E 2.11.24	\$12,017	\$10,779	\$1,238
Total Feb. (1-11)	\$21,432	\$21,558	(\$126)
Fiscal Year 23/24	\$385,573	\$355,707	\$29,866

***FY 23/24 Offertory Goal: \$10,779 per week to fund the current programs, personnel and facilities of the church.**

Lent 2024

Soup Suppers & Stations of the Cross



Friday Evenings in Lent

Feb. 16 & 23, Mar. 1, 8, 15 & 22

Soup Suppers 6pm Parish Hall

Stations of the Cross 6:30pm Church

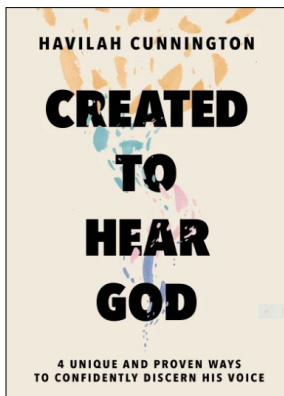


Please join us each Friday evening during Lent for a light soup supper and Stations of the Cross. Our parish ministry groups will take turns hosting our meal and leading the stations.

Lenten Book Study

Wednesday Mornings during Lent
9-10:30am Downstairs in the Parish Office

God is always speaking to us but are we listening?
The key lies in discovering the unique way God communicates with you. *Created to Hear God* by Havilah Cunnington provides practical guidance on hearing from God and forging a deep connection with Him.



It's not too late to join the group!
Simply RSVP to Kim Zea at the parish office
x104 or kim@saintclarechurch.org
and purchase the book online.

Confessions and Parish Penance Service

One of the themes of Lent is purifying ourselves from sin. Fr. Don highly encourages us to take advantage of the Sacrament of Reconciliation during Lent. Please note the opportunities for confession below:

- after all our weekend Masses
- at our regular time of 4-4:30pm on Saturdays
- during the communal Lenten Penance Service on Friday evening, Mar. 22 at 7pm

Outreach



The St. Clare Conference Society of St. Vincent de Paul

Pantry Needs as Lent Begins

- Tuna Helper • Vegetarian Soups
- Meatless Pasta Sauce
- Hot Cereals • Peanut Butter & Jelly

Donations may be placed in the food baskets at the church or on the front porch of the parish office.

Please check dates to ensure foods have not expired.

Community Life

Easter Egg Hunt Planning is Underway and your Help is Requested!

Donations Needed: Bags of individually wrapped candy or healthy alternatives; small toys to fit in eggs; small prizes; monetary contributions for egg hunt supplies. (Checks may be made payable to St. Clare Church and brought to the parish office.)

Volunteers Needed: Egg stuffers and day of helpers. Contact Heather Castrillon at heabradly@gmail.com if you can lend a hand.

Plan to attend: Easter morning, Mar. 31 after the 8:30am Mass on the school playground. Toddlers - 12 year olds and their parents are invited!

Watch for more details in upcoming bulletins.



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Signs of the Times by Deacon Bill . . . Covenants in the Bible

Today as my introduction to the Bible continues, I would like to focus on the most important sacred stories that were and still are the anchors of our faith. The significant word in these sacred stories of the Bible is **Covenant**. It means an agreement between God and his people, in which God makes a promise to his chosen people and requires certain conduct from them. A Covenant is like a contract with our gracious God except He will not go back on his promise even if his chosen people fail in their fidelity.



The Covenants of the Old Testament:

Adamic - Gn 2:13-17 (the Tree of Life) - Gn 3:14-20 (the banishment from the garden)

Noatic - Gn 6:18-22 (the building of the Ark) - Gn 9:1-17 (the rainbow)

Abramic - Gn 12:1-9 (Abram blessing) - Gn 15:1-21 and Gn 17:3-8 (Abraham, father of nations)

Mosaic - Ex 19-24 (service and leadership for the people)

Throughout history, God continued to shower his blessings on his chosen people of Israel, even though they continued to be unfaithful to their part of the Covenant with God. In all of the Covenants above, we find the Torah which was handed on by word of mouth and tradition until around 4000BC when it was written down. After that, that the prophets of Israel appeared and preached about a New Covenant in which the union between God and humanity would no longer be a solely national religion but an interior and spiritual piety. Around this time Israel started to look for a Messiah, where in the Old Testament the final Covenant, the promise given to King David, is found.

Davidic – 2Sm 7: 12-16 (Your kingdom will rule forever.)

This Covenant was fulfilled in the birth and human existence of Jesus Christ in the New Testament.

Examples are as follows:

Mt 1:1-17 - the genealogy of Jesus through the ancestry of King David

Mt 3:1-17, Mk 1:1-16, Lk 3:1-22 and Jn 1:19-34 - In all four gospel accounts, we meet John the Baptist, the herald of the **New Covenant**.

The stories, miracles, and teaching of Jesus are included throughout the entire New Testament. Each gospel was written from a different perspective and for a specific audience. Mark wrote the first account of Jesus' story in the 70sAD followed by Matthew's gospel which included about 90% of Mark's gospel and was directed to a Jewish audience. Luke's gospel contained about 50% of Mark's gospel and was adapted for a Gentile audience. Both Matthew and Luke's gospels were composed sometime in the 80sAD. John's gospel was written in the 90sAD and called the spiritual gospel since it added more depth and additional stories of Jesus' ministries. The gospels will be addressed much later in this series, but all focus on Jesus as the **New Covenant** as a result of his passion, death, and resurrection, the Pascal Mystery. As Catholics, we embrace Jesus as the Son of God, whereas the Jewish people to this day await the promised Messiah.

~ Deacon Bill

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April 20, 2024

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early March at
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